

PRIMARY PE & SPORTS PREMIUM STATEMENT

Background - The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2018/19 the amount schools receive continues as double.

Key Indicators - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

- the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- the profile of PE and sport is raised across the school as a tool for whole-school improvement
- increased confidence, knowledge and skills of all staff in teaching PE and sport
- broader experience of a range of sports and activities offered to all pupils
- increased participation in competitive sport

Funding - Individual schools will receive circa £16000-20000 per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; staff CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

The total funding for the academic year 2018/19 (click here if you are unsure of the exact amount)	£18,100
What percentage of your current 18/19 Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	95%
What percentage of your current 18/19 Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	92%
What percentage of your current 18/19 Year 6 cohort perform safe self-rescue in different water-based situations?	95%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes

Accountability & Impact - Schools are required to keep parents informed and publish plans for deployment of premium funding on their website by 31 July of each academic year. Schools will be expected to track pupils to be able to show what improvements have been made and evidence the impact of the sport premium. From September 2013, Ofsted inspectors will assess and report on how effectively this new funding is being used when making the judgement on the quality of the school's leadership and management.

Lead member of staff responsible	Mrs Kate Ellis	Lead Governor responsible	Mrs Kinga Tunnicliffe
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Time 2 Move - 'Time2Move' is the Cornwall Framework for PE and School Sport. It has been produced by a range of key stakeholders here in Cornwall including Head Teachers and subject specialists taking into account the outcomes of the primary sport premium and Ofsted recommendations. For those schools seeking a comprehensive school sport offer it provides a blueprint to develop excellent delivery both within and outside the school gates. As part of this initiative schools are provided with advice and guidance including a self-assessment audit and action planning template (for further information go to www.cornwallsportpartnership.co.uk/pe-and-school-sport). The following table outlines plans for the deployment of the sport premium funding this year set against the ambitions of the framework.

For advice on PE and Sport Premium planning and reporting, feel free to contact Rachel.Knott@cornwall.gov.uk or 01872 323352

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Area of Focus & Outcomes	Actions (Actions identified through self-review to improve the quality of provision)	Funding -Planned spend -Actual spend	Impact -On pupils PE/SS/PA participation -On pupils PE attainment -On pupil/school whole school improvement (Key Indicator 2) -Any additional impact	Future Actions & Sustainability -How will the improvements be sustained -What will you do next
Curriculum Delivery <i>engage young people in a high quality, broad and balanced curriculum</i>	<ul style="list-style-type: none"> Gymnastic specialist coaching working alongside infant class teachers developing teacher CPD for teaching gymnastics. All children from Reception to Year 2 will complete 6 intensive gymnastic sessions of 45 minutes at our local gymnastics club (Penzance) ensuring access to specialist equipment i.e. sprung floor, asymmetric bars, foam pit, high beams etc 10 x 1 hour swimming sessions with qualified swimming instructors for all Reception to Year 2 children. Year 3 and 4 children 6 x 1hour sessions. 	£1,800	<ul style="list-style-type: none"> Children had access to a wide range of specialist equipment to increase flexibility, core strength and stamina/fitness. Children's resilience and confidence had increased in appropriate risk taking. Participation in gymnastics at club level has increased – healthy active lifestyle and sustained community sport. Children's body control and stability had noticeably improved throughout the sessions. 	<ul style="list-style-type: none"> Next year we will be delivering Gymnastics at School as all staff feel confident after continual CPD. We will be offering Cross Fit to our children next year as it is another form of fitness and body development that can be a life-long activity.
	<ul style="list-style-type: none"> Children in Year 3 - 6 who are unable to swim confidently 25m/50m+ attend 4x 1 hour intensive swimming sessions with qualified instructors in addition to their Curriculum delivery. The majority of Upper KS2 children can swim confidently in a range of strokes 50m+. All Year 5 and 6 children will take 	£1,880 (intensive sessions) Year 5 - £1,050 Year 6 - £1,440	<ul style="list-style-type: none"> All children seem more confident during these sessions and willing to give more a go than in the 'usual' swimming curriculum. After speaking to the children they reported that they feel less self-conscious in intensive sessions as 'we are all very similar abilities and have a greater understanding of how nervous we feel at times'. 	<ul style="list-style-type: none"> We will definitely be continuing with intensive swimming sessions for children in Years 3-6 to increase our percentage of confident swimmers by the end of Year 6. These sessions are worth their weight in gold particularly due to our locality and will continue.

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	<p>part in a 6 week Surfing and Beach/Sea Safety at our local surfing centre.</p> <ul style="list-style-type: none"> • Replenish PE resources/equipment • CrossFit for Year 6 to trial for 6x 45 minute sessions with local Club and qualified instructors. 	<p>£500</p> <p>£500</p>	<ul style="list-style-type: none"> • Children gain confidence in the sea and learn about the importance of tides, rip currents and being safe in the open sea. • Additional impact, having 2 children swim in the open sea for the first time. • Tennis balls, footballs etc • Our Year 6 children thoroughly enjoyed these sessions as they were fun, something none of the children had tried before. Great for core strength, resilience and pushing your own limitations. The children had a great sense of achievement which also increased their self-esteem and wellbeing. 	<p>By the end of the 6 weeks all swimmers were showing increased confidence and knowledge of the sea.</p> <ul style="list-style-type: none"> • We always ensure signposting to local clubs and communities to increase children participation. • After pupil conferencing our Year 6 children have recommended that we continue with Cross Fit next year for more children.
	<p>Physical Activity, Health & Wellbeing</p> <p><i>all young people are aware of health related issues and are supported to make informed choices to engage in an active and healthy lifestyle</i></p> <p>(Key Indicator 1)</p> <ul style="list-style-type: none"> • In-school physical activity programme during the school day to achieve 30 minutes of activity. All children from Reception to Year 6 take part in the 'Daily Mile' with some teachers joining in too. • Daily 'Tabata' in the classroom for increased coordination, re-energising and fitness. • During lunchtimes music is played for 'Wake and Shake' type activities. • Playground Leaders Scheme set up and coordinate physical activities for all children to participate – promoting active lunchtimes. • Cornwall Healthy Schools Programme. • Mindfulness Lunchtime Club. • STEP programme TA cover for 8 pupils 2x daily 	<p>£1,600</p> <p>£2,755</p>	<ul style="list-style-type: none"> • Reduction in low level behaviour incidents, less 'Think Sheets' and sanctions. • Increased physical activity, child led and taking responsibility. • Greater awareness amongst children/parents about the benefits of physical activity and the dangers of poor diet, sleep etc. • Pupils engaged in activity for up to 1 hour per day. • A variety of clubs as well as mindfulness for mental health and wellbeing alongside Intra Sport. • Pilot scheme for STEP carried out throughout the year for children with coordination/attention etc support. 	<ul style="list-style-type: none"> • Continue to coach potential sport leader children to take on the role 2019-2020. All Year 5 children to complete Playground Leaders award. • Continue to engage in Cornwall Healthy Schools and complete annual audit. • Ensure physical activity continues to be embedded into the school day and ethos of the school.

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<p>Diverse & Inclusive</p> <p><i>provide a fully inclusive offer that recognises the diverse needs of specific groups and identifies tailored opportunities for all young people</i></p> <p>(Key Indicator 4)</p>	<ul style="list-style-type: none"> Specialist staffing at lunchtimes and extra-curricular clubs to ensure that children of all abilities and children on the record of need have equal access to all opportunities. Equipment and resources to be purchased to ensure access for all. 	<p>£1,800</p>	<ul style="list-style-type: none"> ALL children had access and opportunity to all sporting provision including intra sport and other after school activities. Additional provision was put in place where needed to ensure opportunities were available for all i.e. staffing, adapted equipment and activity. 	<ul style="list-style-type: none"> All lunchtime supervisors spend time with appointed members of staff to give opportunity to build and develop skills and ideas for teaching increased physical development for all children. Pupil leadership roles to continue to develop.
<p>Competitions</p> <p><i>Provide a well organised, appropriate and enjoyable programme of competitions and festivals for students of all abilities</i></p> <p>(Key Indicator 5)</p>	<ul style="list-style-type: none"> To provide access to local and regional competitions and festivals for school teams and individuals across a wide range of sports. This includes transport, entry fees and accommodation where necessary. All participation to be celebrated via school newsletters, assemblies, social media and school website. Reports written by Sports Leaders (School Parliament), competitors themselves and PE Leader. 	<p>£500 fees £1,500</p>	<ul style="list-style-type: none"> St Hilary School is represented at a wide range of festivals and competitions involving increased amounts of children in and out of the County. Increased self-esteem, pride and motivation in pupils, in particular non-active children and girls. Wide range of intra-sport competition from Reception to Year 6. Multiple school teams ensured development of all abilities and levels of confidence in competition and new sports. Retain the Gold Sports Mark for recognition of high level PE and Sport throughout St Hilary School. 	<ul style="list-style-type: none"> Sports Crew (Leaders) to referee and coach children during intra-sport competitions and during PE lessons. Any child competing at County Level or beyond will have their photograph placed in a frame to complete the 'Wall of Fame' Train School Parliament and Sports Leaders to update sports noticeboard and write reports. Keep logs of child participation in each sport and level of competition. Continue to have a,b and c teams representing St Hilary at various sporting events.
<p>Leadership, Coaching & Volunteering</p>	<ul style="list-style-type: none"> Sports coaching for extra-curricular sport. In particular mixed football and cricket (kwik and hardball). Intra-sport competitions. 	<p>£2,685</p>	<ul style="list-style-type: none"> High levels of participation of all children in extra-curricular sport 	<ul style="list-style-type: none"> Monitor participation levels through regular meetings with Playground Leaders to

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<p><i>provide pathways to introduce and develop leadership skills</i></p>	<ul style="list-style-type: none"> Playground leaders Award Day course to train all Year 5 cohort to lead activities for small groups of children. 		<p>and Intra-sport competitions for children in Reception to Year 6.</p> <ul style="list-style-type: none"> Pupil Leaders work alongside coaches to develop their leadership skills. Year 5 children to lead activities throughout lunchtimes for all children. 	<p>assess the progress and findings 'Are we offering an appropriate breadth of activities?'</p> <ul style="list-style-type: none"> Sports Coaching is available for all age groups.
<p>Community Collaboration</p> <p><i>ensure opportunities for young people of all abilities to extend their school activity transitioning into sustained community based sport</i></p>	<ul style="list-style-type: none"> Promotion of local sport clubs, physical activities, coaches and resources. Youth Sport Trust Membership 	<p>As a result of other Sport Premium spend.</p>	<ul style="list-style-type: none"> Relationships with sports clubs in the community are developed and promoted for children to increase sporting activity at club level. Promotion within St Hilary School Newsletter, assemblies and taster sessions. Use of facilities, coaches or equipment as and when required. 	<ul style="list-style-type: none"> Maintain strong links with the wide variety of community clubs and providers for example, swimming clubs, gymnastics, cricket, surf lifesaving, football, rugby etc.
<p>Workforce</p> <p><i>increased confidence, knowledge and skills of all staff in teaching PE & sport</i></p> <p>(Key Indicator 3)</p>	<ul style="list-style-type: none"> Infants classes to attend Penzance Gym Club where teachers/TA work alongside the qualified coaches (CPD). Note taking throughout how movements can be differentiated by use of equipment or activity, independent or with support. Discussions are also had between coaches and staff about how to execute these activities in our own school hall. Teachers /TA from classes Reception to Year 4 accompany fully qualified swimming instructors at our local Leisure Centre gaining experience on teaching swimming and how to support swimming 	<p>See Curriculum Spend.</p>	<ul style="list-style-type: none"> Increased confidence and ability in the teaching of gymnastics using the correct terminology, knowledge and skills following a staff audit. Teachers and TA feel more confident to teach from the side of the swimming pool as well as in the water with non-swimmers which has enabled the children to progress in water confidence and stroke technique at a faster rate. All children and staff taking part in the Daily Mile and Tabata activity. 	<ul style="list-style-type: none"> Annual top-up for teaching staff Open conversations with what is going well, any support needed or further ideas. Gymnastic coaches to teach some sessions at school using school equipment and facilities to model high quality teaching for sustainability. Our aim continues to ensure that ALL children will be able to swim 50m+. Non swimmers from KS2

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	<p>to the non-swimmer right the way to the confident swimmer.</p> <ul style="list-style-type: none"> Teachers/TA in Years 5 & 6 accompany fully qualified surf instructors and surf lifesavers to enhance the children's knowledge of the sea and beach safety. PE Leader to attend PE conference for new PE initiatives. 	£90		<p>will take part in intensive 4 session block totalling their swim sessions to 10 (1 hour sessions)</p>
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