



# St Hilary School Newsletter

"The Best we can be"

Issue: 1025 09.10.2020

Tel. 763324, [www.st-hilary.eschools.co.uk](http://www.st-hilary.eschools.co.uk)

## **Supporting children with their emotional wellbeing and Special Needs on their return to school**



As the school SENDCo (Special Educational Needs & Disability Co-ordinator), my role is varied and involves supporting staff to ensure all children have any needs met, whether this is a learning need or an emotional or social need. The return to school after such a long time away has brought many new challenges, meaning that the last few weeks have been extremely busy: the whole team working incredibly hard to support all of our children.

**Emotion Coaching:** The whole staff team were trained in emotion coaching during our INSET days at the start of term. These techniques enable children to develop skills in managing their own feelings and behaviour over time. The training was led by the schools linked Educational Psychologist (EP), Penny Francis, who expertly explained the techniques to guide children in helping them understand the different emotions they experience - why they occur and how to respond to them positively and constructively. It was perfect timing: we all feel more equipped to support children in handling the many complex emotions they may well encounter at this challenging time. It also fits perfectly alongside our previous training and whole school approach on Restorative Justice.

**Sensory WRAPS Training (Work Rest and Play the Sensory Way):** The whole staff team have now also received training in meeting children's sensory needs and working together to become 'Sensory Detectives'. Often children's behaviours may be affected by a sensory processing need; sensory processing issues are difficulties with organising and responding to information that comes in through the senses. Children may be oversensitive to sensory input, under-sensitive, or both and unless these needs are supported they may struggle to concentrate and focus with their learning and find it more difficult to develop positive social interactions. As a staff, we learnt to identify when children may be over or under-sensitive to the following senses: proprioception (the detection and understanding of their body in space), vestibular (ability to interpret information relating to movement and balance), touch, vision, sound-auditory, smell and taste. We then learnt a range of strategies we can use and develop with children to help them be in a 'calm-alert' state for learning and to help them begin to self-regulate with more independence as they mature.

**Class teacher meetings:** In order to ensure no child 'slips through the net' and all continue to thrive and progress, I have met with each teacher to discuss the needs of every child. Additionally, each class teacher has worked with their class's previous teacher to assess every child. Then, using this information, we have worked as a team to ensure a full range of support is planned for any child that needs it - something we believe to be vital after an extended and challenging time away from school. This support includes catch-up intervention learning programs, social skills support or emotional support programs, such as TIS. Each package of support is tailored to individual children's needs, while remaining flexible to allow us to address any gaps in learning or social, emotional need, which understandably may have widened with the pressures of lock-down. I know lock-down was hard for us as adults, so for some children it must also have been a challenging time!



**TIS- Trauma Informed Schools ('Connect'):** We are lucky at St Hilary that we have three practitioners (myself, Sam Badcock & Jodie Rowe), who are fully trained in 'TIS' techniques. At St Hilary School we like to call this provision 'Connect', as children may need to connect and develop social & emotional support for a wide variety of reasons, including: anxiety, loss (including loss of times with friends/family as a result of Covid-19) or managing anger and other strong emotions. Since returning to school we have increased the amount of time our practitioners are working directly with children - 1:1 or in small groups - in order to meet all children's needs.

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**Professionals that support our children:** Careful planning and risk assessment has meant that we have been able to welcome back many other professionals whose work is fundamental in helping and supporting our children,. This half term already, our Educational Psychologist (EP), Speech and Language Therapist (SALT), the Autism Team, the Physical Disability Team and Family Support Services have supported our work with a wide range of individuals, offering expert advice to staff so they can meet needs accordingly.

**Safeguarding Training:** Finally, the whole staff team are also in the process of updating their Safeguarding and Child Protection training, which is something we do every year, but always highlights to us that the safety and well-being of all children is at the heart of our school community.

As you can probably tell, it's been a very busy few weeks for everyone, but it has also been fantastic to see all the children smiling and so glad to be back at school, continuing to make St Hilary the happy place it is!

If you would like any further information about anything I have mentioned here or if you have any specific concerns/queries about your child, please do not hesitate to contact either your child's class teacher or myself. Please either ring or email me: [michellebrant@st-hilary.cornwall.sch.uk](mailto:michellebrant@st-hilary.cornwall.sch.uk)

Miss Brant

*I am sure that all parents would like to echo, our thanks and appreciation of Miss Brant's excellent work, her support and organisational skills have been instrumental in enabling all of our children to transition back into school as smoothly as possible.*

*All the best, Mr Hamshar*

## NASAL FLU—TUESDAY 20TH OCTOBER 2020

Kernow Health is delivering the flu immunisation programme in Cornwall's schools on behalf of NHS England and this year all children from Reception to Year 6 inclusive will be offered the vaccine. The letter emailed to you advises about the vaccine programme and also how to access the online consent form, and specifies that you have to **OPT IN** for your child to have the vaccine. If you have mislaid the letter, below are the details you will need if you want your child to have the vaccine.

**Date of Visit:** Tuesday 20<sup>th</sup> October - 9 a.m.

**School Code:** EE136879

**Nasal Flu Consent Form Link:** <https://www.kernowimmunisations.co.uk/Forms/Flu>

**Tel No.:** 01872 221105/06

**Deadline to submit:** Friday 16<sup>th</sup> October noon (change of date)

*Please only submit a consent form if you have not already done so and would like your child vaccinated. If you are unsure or need any assistance then please contact the School Immunisation Team on 01872 221105*



### CLASS CERTIFICATES WEEK ENDING 2ND OCTOBER 2020

Perran	-	Alex S & Oliver D
Prussia Cove	-	Harlow T & Sebastien L
Porthcurno	-	Shiloh T & Billy C
Sennen	-	Penny P & Caiden M
Kynance Cove	-	Isla M & Priya A
Gwithian	-	Harry B & India A
Gwenver	-	Sacha R & Taher A
Lamorna	-	The whole class & Layla R

### Class Attendance

This week's attendance hot spot goes to LAMORNA class with 98.6%. Well done all.



### THREADWORMS

We have recently had a report of a child having threadworms. Threadworms, also known as pinworms, are tiny parasitic worms that infect the large intestine of humans. The worms are white and look like small pieces of thread. You may notice them around your child's bottom or in their poo. If you or your child has threadworms, everyone in your household will need to be treated as there's a high risk of the infection spreading.

To find out more information on how to treat the condition please go to the NHS website.

### Head Lice

We have recently had a report of children having Head Lice. To prevent the Head Lice spreading, please could you check your children's hair and if any head lice or eggs are found, take appropriate steps to eradicate them e.g. the 'wet-combing' method which involves washing the hair, applying conditioner and combing through with a special 'nit comb'.



### **Together For Families/Early Help Support**

Family Support Advice is available from our schools link Family Worker, Sally Sharp. This can be on any issues that may be affecting your family, especially now in what has been, and continues to be a very difficult and anxious time for many. The Family Support Service offer you a friendly, supportive service that meets your needs or introduces you to a service that can help you. They also offer parenting courses and information on these can also be given.

If you feel you need some friendly advice or any kind of family support please feel free to contact school. You can either phone us or email our secretary at: [secretary@st-hilary.cornwall.gov.uk](mailto:secretary@st-hilary.cornwall.gov.uk) or the school SENDCo at: [michellebrant@st-hilary.cornwall.sch.uk](mailto:michellebrant@st-hilary.cornwall.sch.uk) and we will arrange for Sally to contact you directly.

Please find below a link which has some parenting pages of information which may be of use to you. Please let us know if you would like any of these printed for you.

[https://www.supportincornwall.org.uk/kb5/cornwall/directory/advice.page?id=AKUFKNWkR\\_A](https://www.supportincornwall.org.uk/kb5/cornwall/directory/advice.page?id=AKUFKNWkR_A)

Please see separate documents being sent via Schoolcomms namely the Early Help Newsletter, which outlines a number of FREE online courses that are available to parents and Parenting Programmes Virtual Offer Overview. Please do not hesitate to contact Michelle Brant should you require any further information.



## FABULOUS FULL-MARKERS

### Sennen

Tallula D  
Amelia L  
Bella C  
George S  
Thomas L  
Isabella B  
Tegan C  
Gracie R  
James J

### Kynance Cove

Archie B x 3  
India M  
Ben M  
Priya A  
Loveday McM

### Porthcurno

Azalia A  
Jowan H

### Gwenver

Tiana W  
Lola F  
Taher A x 2  
Max J x 2  
Callum T  
Millie C  
Alexander S  
Isaac S  
Phoebe S

### Lamorna

Lucy B  
Flo P  
Archie J  
Millie L  
Jodie G  
Zahra M  
Layla R

### Gwithian

Lexi I  
Mike McC  
Daniel D

## English

## Spelling Shed

### Speller of the Week:

Zela I (Gwenver)

### Class of the Week:

Gwenver



## MATHS

## Maths Shed

### Mathstronaut of the Week:

Thomas L (Sennen)

### Class of the Week:

Sennen



### TTrockstars Class Champions

Yr 2 – Flynn T

Yr 3 – Benjamin M

Yr 4 – Thomas M

Yr 5 – Chloe E

Yr 6 – Savannah G-W

### Average coins per person in class:

1<sup>st</sup> – Porthcurno (5,154)

2<sup>nd</sup> – Kynance Cove (3,217)

3<sup>rd</sup> – Gwenver (3,076)

Amazing scores this week everyone—keep it up everyone!